

A Thousand Fall: Lyrics & Chords

Tehillim Vol. 1

A Thousand Fall

paoloferro





ENTERING THE SECRET PLACE: An Introduction to Tehillim

Tehillim, Hebrew for "Praises," is a project born out of love and worship for the Most High...

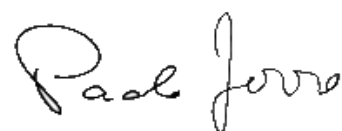
"A Thousand Fall," from Psalm 91, is rendered in the original Hebrew text as: יִפּוֹל מִשְׁדָּכָא עִלַּי (Yippōl miššiddəḱā elep̄).

Yippōl (יִפּוֹל) does not simply mean "to fall"; it signifies a sudden collapse, a total failure of strength. Miššiddəḱā (מִשְׁדָּכָא) means "at your side," but its root refers to the side of the body—describing a danger so close it brushes against you, occurring within your most intimate space. Finally, Elep̄ (עִלַּי) is the number one thousand, which in the Bible represents totality, an immense multitude.

In the Greek Septuagint, we find the term peseitai (πρσεῖται): "they shall fall." Yet, this "falling" is not merely a physical danger. In Greek, the concept of piptō (to fall) often indicates an inner collapse, a failure of the spirit. A thousand people, a thousand certainties may fall beside us. But the Psalms speak of a Maḥaseh—a real refuge. God is a Meṣūdā (a Fortress) and a Šinnā (a Shield). Where others see panic, we can choose worship and praise.

God invites us to enter the Sēṭer, the "secret place"—a beautiful term indicating a visceral, intimate protection, like that of a child in the womb or the secure shelter of a tent while the storm rages outside. Even when everything falls, we are guarded. The promise is not that evil will remain far away, but that even if it brushes your "side" (miššiddəḱā), it will not have the power to make you collapse. While a thousand (elep̄) give way under the weight of uncertainty, those in the "secret place" remain standing—not by their own strength, but because their foundation is the Eternal One.

May the praises of the Psalms be for you, as they are for me, the path to rediscovering that secret place.



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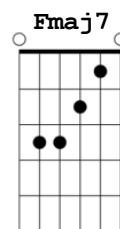
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A Note on Tuning:

This work is tuned to **432 Hz**, often referred to as "Verdi's A." This frequency is mathematically consistent with the patterns of the universe and the natural resonance of the human voice. By aligning **Tehillim** to this vibration, I invite you into a deeper state of relaxation and a more organic connection with these ancient prayers.

Out Of The Deep

Music by Paolo Ferro. Text from Psalm 130



Chord Highlights

Am

Out of the depths I cry to you, Lord;

Fmaj7 **G** **Am**

Lord, hear my voice. Lord, hear my voice.

Am

Let your ears be attentive

Fmaj7 **G** **Am**

to my cry for mercy. Lord, hear my voice, hear my voice

C

Am

I wait for the Lord, my whole being waits,

Fmaj7 **G** **Am**

in his word I put my hope, in his word I put my hope.

C

Am

I wait for the Lord more than watchmen wait,

Fmaj7 **G** **Am.** **G**

wait for the morning, wait for the morning.

Am

If you, Lord, kept a record of sins,

Fmaj7 **G** **Am**

Lord, who could stand? Lord, who could stand?

Am

But with you there is forgiveness,

Fmaj7 **G** **Am**

so that we can, with reverence, serve you.

C

Am

I wait for the Lord, my whole being waits,

Fmaj7 **G** **Am**

in his word I put my hope, in his word I put my hope.

C

Am

I wait for the Lord more than watchmen wait,

Fmaj7 **G** **Am.** **G**

wait for the morning, wait for the morning.

Am

Israel, put your hope in the Lord,

F **G** **Am**

for with the Lord is unfailing love

Am

and with him is full redemption.

Fmaj7 **G** **Am**

He himself will redeem Israel from all their sins.

C

Am

I wait for the Lord, my whole being waits,

Fmaj7 **G** **Am**

in his word I put my hope, in his word I put my hope.

C

Am

I wait for the Lord more than watchmen wait,

Fmaj7 **G** **Am.** **G**

wait for the morning, wait for the morning.

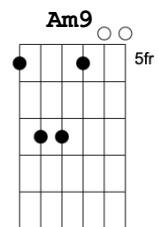
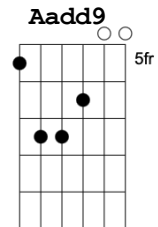
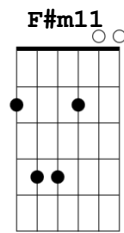
I Shall Not Want

Music by Paolo Ferro. Text from Psalm 23

F#m11 **E**
The Lord is my shepherd, I lack nothing.
F#m11 **E**
He makes me lie down in green pastures,
F#m11
he leads me beside quiet waters,
E
he refreshes my soul.
Aadd9
He guides me along the right paths
E
for his name's sake.
Aadd9
Even though I walk through the darkest valley,
E. **Am9** **E**
I will fear no evil, for you are with me;
Am9 **E**
your rod and your staff, they comfort me.

Aadd9 | **Aadd9** | **E** | **E** | **Aadd9** | **Aadd9** | **E** | **E**

F#m11 **E**
You prepare a table before me in the presence of my enemies.
F#m11
You anoint my head with oil;
E
my cup overflows.
Aadd9
Surely your goodness and love will follow me
E
all the days of my life,
Aadd9 **E** **Am9**
and I will dwell in the house of the Lord forever,
E **Am9**
forever
E
Forever.

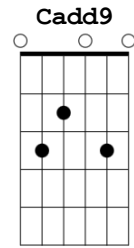


Chord Highlights (Note: The original track was recorded with a capo on the 1st fret)

Eyes To You

Music by Paolo Ferro. Text from Psalm 123

C
I lift up my eyes to you,
to you who sit enthroned in heaven. **Dm**
Bbm **Am**
As the eyes of slaves look to the hand of their master,
Cadd9
as the eyes of a female slave
Dm
look to the hand of her mistress,
Bbm
so our eyes look to the Lord our God,
F **Am**
till he shows us his mercy.
Bbm
Have mercy on us, Lord,
Am
have mercy on us,
Cadd9 **Am**
for we have endured no end of contempt.
Bbm **Am**
We have endured no end of ridicule from the arrogant,
Cadd9
of contempt
Dm **Bbm** | **Am** | **Cadd9** | **Dm** | **Bbm** | **Am** | **Cadd9** | **Dm**
from the proud.



Chord Highlights

A Thousand Fall

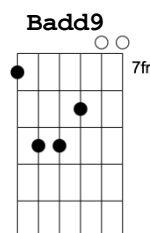
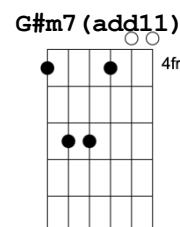
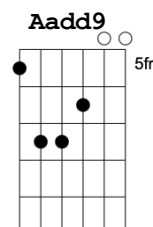
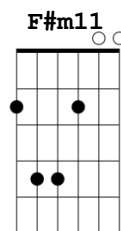
Music by Paolo Ferro. Text from Psalm 91

Aadd9 **E** **Aadd9**
Whoever dwells in the shelter of the Most High will rest
E **G#m7 (add11)**
in the shadow of the Almighty. I will say of the Lord,
Aadd9 **G#m7 (add11)** **F#m11** **Badd9**
"He is my refuge, my God, in whom I trust".
Aadd9 **E**
Surely he will save you from the fowler's snare
Aadd9
and from the deadly pestilence He will cover you
E **G#m7 (add11)** **Aadd9**
with his feathers and under his wings you will find refuge;
G#m7 (add11) **F#m11** **Badd9**
his faithfulness will be your shield and rampart.
Aadd9 **E**
You will not fear the terror of night,
Aadd9 **E** **G#m7 (add11)**
nor the arrow that flies by day, nor the pestilence
Aadd9
that stalks in the darkness,
G#m7 (add11) **F#m11** **Badd9**
nor the plague that destroys at midday.

Aadd9 **E** **Aadd9**
A thousand may fall at your side, ten thousand at your
E **Aadd9** **C#m** **Badd9**
right hand, but it will not come near you.

Aadd9 **E** **Aadd9**
If you say, "The Lord is my refuge," and you make
E **G#m7 (add11)**
the Most High your dwelling, no harm will overtake you,
Aadd9 **G#m7 (add11)**
no disaster will come near your tent. For he will command
F#m11 **Badd9**
his angels concerning you to guard you in all your ways;
Aadd9 **E** **Aadd9**
they will lift you up in their hands, so that you will not strike
E **G#m7 (add11)** **Aadd9**
your foot against a stone. You will tread on the lion and the cobra;
G#m7 (add11) **F#m11** **E**
you will trample the great lion and the serpent.

Aadd9 **E** **Aadd9**
A thousand may fall at your side, ten thousand at your
E **Aadd9** **C#m** **Badd9**
right hand, but it will not come near you.



Chord Highlights

C#m **G#m**
 "Because he loves me," says the Lord, "I will rescue him;
C#m **G#m**
 I will protect him, for he acknowledges my name.
A **G#m**
 He will call on me, and I will answer him;

 I will be with him in trouble,
A **C#m**
 I will deliver him and honor him.

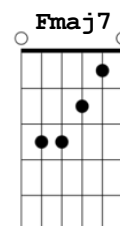
 With long life I will satisfy him
Badd9
 and show him my salvation."

Aadd9 **E** **Aadd9**
 A thousand may fall at your side, ten thousand at your
E **Aadd9** **C#m** **Badd9**
 right hand, but it will not come near you.

Aadd9 | **E** | **Aadd9** | **E** | **Aadd9** | **C#m** | **Badd9** | **E**

My Soul Thirsts

Music by Paolo Ferro. Text from Psalm 63



Chord Highlights

Fmaj7. **C**
 You are my God, earnestly I seek you;
Fmaj7. **C**
 I thirst for you, my whole being longs for you,
Am **Fmaj7** **C** **Fmaj7** | **C** | **Fmay7** | **C**
 in a dry and parched land where there is no water.
Fmaj7 **C**
 I have seen you in the sanctuary
Fmaj7 **C**
 and beheld your power and your glory.
Fmaj7 **C**
 Because your love is better than life,
Am **G** **C**
 my lips will glorify you.
Fmaj7 **C**
 I will praise you as long as I live,
Fmaj7 **C**
 and in your name I will lift up my hands.
G **Am**
 I will be fully satisfied as with the richest of foods;
G **Fmaj7** **C** **Fmaj7** | **C** | **Fmay7** | **C**
 with singing lips my mouth will praise you.
Fmaj7 **C**
 On my bed I remember you;
Fmaj7 **C**
 I think of you through the watches of the night.
G **Am**
 Because you are my help,
G
 I sing in the shadow of your wings.
Fmaj7 **C** **Fmaj7** **C** | **Fmay7** | **C**
 I cling to you; your right hand upholds me.

A Broken Spirit

Music by Paolo Ferro. Text from Psalm 51

"Repeat chord cycle:" || Am | Am/G | Am/F | E ||*end

Have mercy on me, O God, according to your unfailing love;
according to your great compassion blot out my transgressions.
Wash away all my iniquity and cleanse me from my sin.

Wash away, Wash away, Wash away, Wash away

For I know my transgressions, and my sin is always before me.
Against you, you only, have I sinned
and done what is evil in your sight;
so you are right in your verdict and justified when you judge.
so you are right, so you are right, so you are right,
so you are right

Cleanse me with hyssop, and I will be clean;
wash me, and I will be whiter than snow.

Let me hear joy and gladness;
let the bones you have crushed rejoice.
Hide your face from my sins and blot out all my iniquity.

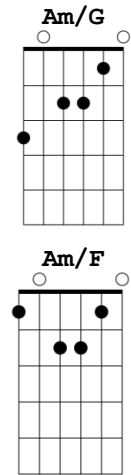
Hide your face, Hide your face, from my sins, Hide your face

Open my lips, Lord, and my mouth will declare your praise.

You do not delight in sacrifice,
you do not take pleasure in burnt offerings.

My sacrifice, is a broken spirit;
a broken you, God, will not despise.

My sacrifice, is a broken spirit;
a broken you, God, will not despise.



Chord Highlights

Unite My Heart

Music by Paolo Ferro. Text from Psalm 86

Em7add9 **C/G** **Dadd11/A** **Em7add9**
Hear me, Lord, and answer me, for I am poor and needy.
Em7add9 **C/G**
Guard my life, for I am faithful to you;
Dadd11/A **Em7add9**
save your servant who trusts in you.

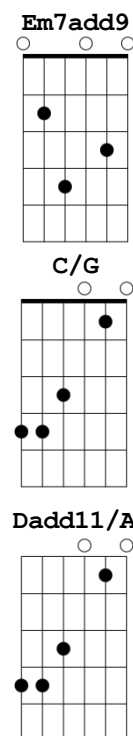
C/G **Em7add9**
You are my God; have mercy on me, Lord,
C/G **Em7add9**
for I call to you all day long.
Dadd11/A **Em7add9**
Bring joy to your servant, Lord, for I put my trust in you.

Em7add9 **C/G**
You, Lord, are forgiving and good,
Dadd11/A **Em7add9**
abounding in love to all who call to you.
Em7add9 **C/G**
Hear my prayer, Lord; listen to my cry for mercy.
Dadd11/A **Em7add9**
When I am in distress, I call to you, because you answer me.

C/G **Em7add9**
You are my God; have mercy on me, Lord,
C/G **Em7add9**
for I call to you all day long.
Dadd11/A **Em7add9**
Bring joy to your servant, Lord, for I put my trust in you.

F **Em7add9**
Teach me your way, Lord, that I may rely on your faithfulness;
F **Em7add9**
give me an undivided heart, that I may fear your name.
Dadd11/A **Em7add9**
I will praise you, Lord my God, with all my heart;

C/G **Em7add9**
You are my God; have mercy on me, Lord,
C/G **Em7add9**
for I call to you all day long.
Dadd11/A **Em7add9**
Bring joy to your servant, Lord, for I put my trust in you.
Dadd11/A **Em7add9**
Bring joy to your servant, Lord, for I put my trust in you.



Chord Highlights (Note: The original track was recorded with a capo on the 5th fret)

The Blessing

Music by Paolo Ferro. Text from Numbers 6:24-26

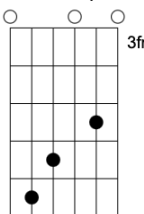
Gadd9/D | Gadd9 | A | Gadd9 | A | Gadd9 | Gadd9/D

Gadd9 Gadd9/D
The Lord bless you and keep you;
Gadd9 Gadd9/D
the Lord make his face shine upon you
A Gadd9
and be gracious to you;
A Gadd9
the Lord lift up his countenance upon you
Gadd9/D Gadd9
and give you peace
Gadd9/D Gadd9
and give you peace
Bm Gadd9
and give you peace
Bm Gadd9
and give you peace

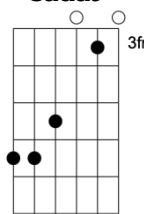
A | Gadd9 | A | Gadd9 | Gadd9/D | Gadd9 | Gadd9/D

Chord Highlights (Note: Standard tuning, Drop D (Tuning (low to high): D A D G B E))

Gadd9/D



Gadd9



TEHILLIM (Vol. 1) - A Thousand Fall

CREDITS

Music by Paolo Ferro

Text from the Book of Psalms

Tuned to 432 Hz

MUSICIANS:

Alessio Bagherini | Drums

Marco Carlotto | Acoustic & Classical Guitars, Bass

Emmanuele Praticelli, Davide da Dalto & Luca Callegaro | Cello

Roberto Sorgato | Violin

Paolo Ferro | Voice, Acoustic & Electric Guitars, Ukulele

Produced, recorded, mixed & mastered by Paolo Ferro at 8Hz
Studio

Co-mastering by Giko Pavan

Artwork: Davide Ferro





Paolo Ferro